



Swedish Hospital Supply AB

Questions and Answers, BA-TUBE:

- Question: I have purchased a BA-TUBE from my Chemist's. On the package leaflet in the packaging there are two different user instructions - which should I follow?
- Answer: If you're going to blow out through the BA-TUBE, you must follow the instruction which does not have a printed weekly schedule because that page is for improving the inhalation.
- Question: The black plunger which looks like a nail in the packaging - what am I meant to use that for?
- Answer: When you are about to take apart the BA-TUBE for cleaning, you must push it into the tube and press apart the sections using the plunger. It has no other function.
- Question: I use my BA-TUBE in private at home. How often must I clean it and how?
- Answer: If you do not have a cold or any other airway infection, we suggest that, after using it for one day, you take apart the BA-TUBE and swill it under the hot water tap and let it dry naturally after that. Two or three times a week, place the separated sections in a pan of boiling water for around half a minute, then pick up the sections with a perforated spoon and allow to dry naturally. When reassembling the BA-TUBE, ensure that the directional arrow on the blue top is pointing towards the numerical scale on the tube, then press the sections together until they click. If you have any doubts, seek advice from your COPD nurse or Physiotherapist.
- Question: We regularly use the BA-TUBE for our patients in our department. When the patient goes home, we recommend that the patient buys a BA-TUBE from his or her Chemist's. How do we best clean the BA-TUBE to be able to give it to the next inpatient?
- Answer: Take the BA-TUBE apart and place the sections on grille in your decontaminator. Run as usual at temperatures of up to 100 C and then allow the sections to dry naturally before reassembling.
- Question: I am 75 years old and have purchased a BA-TUBE. I follow the user instruction for exhaling and as recommended by my Medical Centre. After I have blown into the tube for a few minutes, my lips become pretty tired and have difficulty grasping the tube tightly. What should I do?
- Answer: The section of the BA-TUBE that is put into the mouth has a recess; place your teeth in this recess and hold the tube with your teeth instead so you will not become as tired and can practise for significantly longer periods.